

## A cholesterol drug's other benefits

**F**OR DECADES, cardiology researchers have studied various pieces of the "heart puzzle." Familiar examples include cholesterol, high blood pressure, obesity, smoking and diabetes. Another clue is called C-reactive protein (CRP), a marker of inflammation that researchers have suspected was part of the heart disease puzzle.



By **DR. TEDD MITCHELL**

In a recent *New England Journal of Medicine*, researchers reported data from following 18,000 people who, in simple blood tests, had normal LDL cholesterol (below 130) but elevated CRP (2 or higher). The team wanted to determine whether those with an elevated CRP level would benefit from statins and see if the drugs would help prevent cardiovascular events (defined as a heart attack or stroke; interventions like stents or bypass surgery; hospitalization for angina; or death from a heart condition). Would a statin, in this case rosuvastatin (Crestor), reduce that risk?

They divided the people into two groups, giving one a placebo and the other Crestor. After observing them for just under two years, researchers found the Crestor group had had significantly fewer cardiovascular events.

This deepens our understanding of cardiovascular problems, and although our "heart puzzle" is by no means complete, studies like this certainly make the picture clearer. **VS**

TEDD MITCHELL, M.D., is the co-author of *Move Yourself: The Cooper Clinic Medical Director's Guide to All the Healing Benefits of Exercise (Even a Little!)*.

## Breaking Research News

# Life is short...or maybe not.

Top Harvard researcher says it's "the Holy Grail of aging research."\*

Don't wait for the drug companies to drive the price through the roof; get the benefits of this breakthrough *natural* extract for pennies a day!

**BOSTON, MA**—Leading medical scientists are learning that resveratrol, a natural substance found in red wine, is rewriting the rules on the science of aging.

Researchers at the **Harvard Medical School** and the **National Institute on Aging** already discovered that the red wine extract offset the negative effects of a high-calorie diet in mice and significantly extends their life span (*NY Times*, Nov 2, 2006). Now, the latest research indicates that resveratrol may be even more powerful than first anticipated.

At this moment, drug companies are rushing to create prescription drugs that mimic the awesome health benefits of this simple natural extract. A leading pharmaceutical company has already spent \$760,000,000 on purchasing the research and development.

### The powerful secret of tomorrow's anti-aging pill can be yours today.

You may have thought that an anti-aging pill would only be available far into the future. But the effects of resveratrol have been proven as scientific fact... today. Even better, resveratrol is a naturally-occurring substance found in the skin of grapes and red wine, not manufactured in some laboratory. The key to living longer may be found inside your favorite bottle of red wine.

But don't try to drink yourself healthy, because it would take **50 bottles** day! Now there is a way to take resveratrol without the alcohol, calories and high



"We have something (resveratrol) that **extends the life of every species** it's (been) given to. We're 50 years ahead of where I'd thought we would be 10 years ago," said a leading professor of pathology at Harvard Medical School, reported by the *NY Times*.

cost. Vinotrol™, with 50mg of resveratrol derived from grapes and roots, provides the equivalent of the resveratrol in **278 five ounce glasses of Pinot Noir**.

Such a potent concentrate delivers all of resveratrol's remarkable benefits, promoting circulation, blood flow, immune system, energy and healthy arteries.

### Has the "The French Paradox" finally been explained?

Resveratrol is conjectured to be a partial explanation for "The French Paradox," the puzzling fact that people in France enjoy a high-fat diet yet suffer less heart disease than Americans and live significantly longer lives (in some cases up to 40%).

Even though French diets are crammed with loads of bread, cheese, rich cream sauces and decadent desserts... the resveratrol in red wine may have acted as their secret weapon. It is thought that the resveratrol protected them against unhealthy triglycerides, high cholesterol and skyrocketing blood pressure.

### Trick your body into "aging in slow motion"

Reduction in cholesterol, body fat and oxidation is believed to help slow the age process considerably. Not only will you feel better, but the powerful antioxidants in Vinotrol™ will help fight the premature signs of aging. Resveratrol will help protect the collagen and elastin in your skin, which can lead to fewer wrinkles and a more youthful appearance.

### Can you live years longer and feel years younger?

What's the point in living longer if you're not going to live better? Resveratrol floods your system with powerful antioxidants and helps flush out lipids and free radicals. Combined with the extra boost to your brain, immune system and everyday energy, you'll wonder how you ever went without this red wine wonder.

Don't wait decades for giant drug conglomerates to figure out a way to charge you a fortune for the same benefits you can get for pennies on your own. Call today!

### Having a Hard Time Finding Vinotrol™?

The manufacturer and the laboratories of Vinotrol™ are so confident in their anti-aging technology that they are offering a 30-day, risk-free trial offer. You must call immediately to qualify for the limited number of trials that are available. Start your new anti-aging program today with your risk-free supply of Vinotrol™ (50 mg resveratrol) for just a small s&h fee. Call toll-free 888-775-8372.

**Call 888-775-8372 to get your Vinotrol™ 30-Day Risk Free Trial Offer Today!**  
Mention Promotion Code 2VUW14L for a Free Upgrade!

These statements have not been evaluated by the FDA. This product is not meant to diagnose or treat any disease. Vinotrol is not endorsed, associated or affiliated in any way with Harvard University, Johns Hopkins, Salk Institute or UC Davis Medical. \* CBS News, Nov 1, 2006

**Harvard Medical School, Johns Hopkins, Salk Institute and UC Davis Medical Research Proves That Powerful Red Wine Extract Holds the Secret to Living a Longer, Healthier and More Vibrant Life**